



SARJO'S WHOLISTICS

CRYSTAL RECOMMENDATIONS FOR YONI EGGS & WAISTBEADS.

Grounding:
Black Obsidian
Red Jasper
Blood Stone

Clearing Creative Blocks & Transformation (Eggs):
Picasso Jasper

Fertility (Eggs):
Aventurine
Carnelian
Rose Quartz
Unakite
Fluorite

Waistbeads:
Moonstone
Aventurine
Carnelian
Rose Quartz
Unakite
Fluorite

Pcos & Fibroids(Eggs):
Carnelian

Waistbeads:
Carnelian
Moonstone

Past Healing(Eggs):
Howlite
Black Obsidian

Waistbeads:
Black Obsidian
Labradorite
Rutilated Quartz

Sexual Trauma (Eggs):
Rhodonite
Rose Quartz

Waistbeads:
Rhodonite
Malachite
Rose Quartz

Self Love & Forgiveness(Eggs):
Rhodonite
Rose Quartz

Waistbeads:
Rhodonite
Rose Quartz
Rhodochrosite
Morganite

Calming thought/ Meditation(Eggs):
Clear Quartz
Amethyst

Waistbeads:
Clear Quartz
Amethyst
Ametrine

Manifestation (Eggs):
Carnelian
Red & Green Aventurine
Rose Quartz

Waistbeads
Carnelian
Citrine
Green Aventurine
Rose Quartz

Anxiety, stress, anger, tension (Eggs):
Red Howlite
Rose Quartz

Healing Emotional Wounds (Eggs):
Rhyolite